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Confident and competent?: helping students to develop their practice based skills

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Hello and thanks for coming to our presentation

We are:

Julie Laxton,
Leeds University

Sarah Walmsley,
University of Huddersfield

Aideen Farrell,
University of Huddersfield

Janet Hargreaves,
University of Huddersfield
Competency in Practice Assessment
Please think about the way your course has prepared you with the following skills with service users e.g., patients, families, and carers. Please rate how prepared you feel in your ability to...

<table>
<thead>
<tr>
<th>Skill</th>
<th>N/A</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use verbal communication skills</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use active listening skills</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use and observe non-verbal forms of communication</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
ALPS Competency in Practice Assessment (CIPA) Tool

- **Name:**
- **Date:** 17/06/2011
- **Where are you at in your career: pre - y1**

**Scale**
- 0 = Not at all prepared
- 1 = Somewhat prepared
- 2 = Adequately prepared
- 3 = Well prepared
- 4 = Extremely well prepared

If you feel any of the items do not apply to your profession please select N/A

**Summary of Ratings**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount of N/A</th>
<th>Amount of 0</th>
<th>Amount of 1</th>
<th>Amount of 2</th>
<th>Amount of 3</th>
<th>Amount of 4</th>
<th>Mean of Ratings</th>
<th>Median of Ratings</th>
<th>Mode of Ratings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills with Service</td>
<td>0</td>
<td>1</td>
<td>6</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Working with Users</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>5</td>
<td>0</td>
<td>3</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Sufficient Knowledge</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Skills for the Practice Setting</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Deal with Professional Interactions and Responsibilities</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

**Summary of questions and answers**

Please think about the way your course has prepared you with the following skills with service users e.g. patients, families and carers. Please rate how prepared you feel in your ability to...

<table>
<thead>
<tr>
<th>Skill</th>
<th>You selected the rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use verbal communication skills</td>
<td>0</td>
</tr>
<tr>
<td>Use active listening skills</td>
<td>1</td>
</tr>
<tr>
<td>Use and observe non-verbal forms of communication</td>
<td>1</td>
</tr>
<tr>
<td>Identify barriers to communication</td>
<td>1</td>
</tr>
<tr>
<td>Deal with barriers to communication effectively</td>
<td>1</td>
</tr>
</tbody>
</table>
Question 1 - Use Verbal Communication Skills

Not at all prepared: This seems to be an area where you lack confidence. Communication is an important area of professional practice and it’s worth spending some time reflecting on why this is difficult for you and what activities would help to boost your confidence and ability. You could:

• Talk to your tutors about any difficulties or concerns you have with verbal communication

• Try role play with your peers; practice having an ordinary conversation on a subject you like and are confident talking about.

• Engage in activities to build confidence – here are some resources that you might find helpful: (links will be here--)
Collaborative and reflexive development

Reflective and flexible tool
LTSU team
The University of Huddersfield Careers and Employability Service

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Register today for the following benefits from us:

- Search for job vacancies
- Get daily notification of new job vacancies matching your saved preferences
- Search our careers events calendar

We respect your privacy – read our terms and conditions.
‘I want to carry on my involvement in the project and hope to see the end product’

‘Helped me to detect the weak and strength points, and how to solve it’
Quotes from students

'It has allowed me to meet many different people of different professions and given me insight into how the varied professions interpret ideas in various ways'

'A good experience to increase my knowledge about students opinions and feelings towards clinical practice'
Ready for practice?